

#### North Division

Cameron University  
University of Central Oklahoma  
East Central University  
Harding University  
Ouachita Baptist University  
Northeastern State University  
Southeastern Oklahoma State University  
Southwestern Oklahoma State University



#### South Division

Abilene Christian University  
Angelo State University  
Eastern New Mexico University  
Midwestern State University  
Tarleton State University  
Texas A&M University-Commerce  
Texas A&M University-Kingsville  
Texas Woman's University  
West Texas A&M University

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November 25, 1998

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## **Angelo State's Gary Gabriel and Texas A&M-Kingsville's A.J. Moore voted LSC Cross Country Coaches of the Year**

RICHARDSON, TEXAS -- Angelo State University won the 1998 Lone Star Conference Women's Cross Country Championship on October 24, in Kingsville, Texas. ASU head coach **Gary Gabriel** has been voted *LSC Women's Cross Country Coach of the Year*. His Rambelles won the women's division of the Conference meet with 50 points as ASU's Dora Davila led the way with a winning time of 23:33.2 over the 6K course. Harding University freshman **Britney Copeland** finished fifth at the LSC meet with a time of 24:51.6 and has been named *LSC Freshman of the Year*. During the season, Copeland had the LSC's fourth best time at 5,000 meters (19:13).

Texas A&M-Kingsville finished second at the LSC Championships on October 24 as the host school for the meet. TAMUK's **A.J. Moore** has been voted the LSC Men's Cross Country Coach of the Year. Moore's Javelinas posted 76 points at the conference meet to finish runnerup to Abilene Christian (29). Texas A&M-Kingsville had four of the top 15 runners at the conference meet, and during the season, TAMUK had five of the top 12 runners in the LSC at 8,000 meters. Angelo State's **Lane Rutland** has been named *LSC Freshman of the Year*. He finished 16<sup>th</sup> at the LSC meet (29:12). During the season, Rutland had the 15<sup>th</sup> best time in the LSC at 8,000 meters (27:09), sixth best at five miles (28:14), and fourth fastest at four miles (22:19).

-LSC-

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Monday, October 26, 1998

FOR IMMEDIATE RELEASE

Contact Brian Briscoe (972) 234-0033

## Abilene Christian and Angelo State take LSC Cross Country Championships; Top 10 Runners named to All-Conference Teams

RICHARDSON, TEXAS -- The top ten men and women runners at the 1998 Lone Star Conference Cross Country Championship have been named to the All-Conference team. Abilene Christian, with 29 points, repeated as champions in the men's division at the meet on Saturday in Kingsville, Texas. In the women's division, Angelo State won the title with 50 points, just edging Harding with 52.

### 1998 LSC Women's Cross Country Results

1. Angelo State	50
2. Harding	52
3. Abilene Christian	81
4. Tarleton	108
5. Texas A&M-Commerce	128
6. West Texas A&M	130
7. Texas A&M-Kingsville	147
8. Central Oklahoma	194
9. East Central	243
10. SE Oklahoma	244
11. Ouachita Baptist	318
12. SW Oklahoma	330
13. Eastern New Mexico	351

### 1998 LSC Men's Cross Country Results

1. Abilene Christian	29
2. Texas A&M-Kingsville	76
3. Tarleton	103
4. Harding	105
5. Texas A&M-Commerce	119
6. West Texas A&M	146
7. Angelo State	197
8. Central Oklahoma	214
9. Ouachita Baptist	223
10. East Central	230
11. Eastern New Mexico	259

### All-Conference Performers

1. Dora Davila, Angelo State	23:33
2. Fred Valdez, Abilene Christian	24:14
3. Damaris Vaughan, Angelo State	24:18
4. Sara Powlen, Tarleton	24:45
5. Britney Copeland, Harding	24:51
6. Josie Martinez, Abilene Christian	24:56
7. Joyce Martinez, Abilene Christian	24:57
8. Tia Tarole, Harding	25:06
9. Cheri Scharff, Harding	25:07
10. Tosha Randle, Texas A&M-Kingsville	25:20

### All-Conference Performers

1. Musa Gwanzura, Abilene Christian	25:28
2. Gilbert Tuhobonye, Abilene Christian	25:28
3. Jerry Moritin, Harding	26:20
4. Ramon Serratos, Abilene Christian	26:29
5. Barnabas Menjo, Abilene Christian	26:35
6. Albert Tabut, Harding	26:59
7. Efrain Velazquez, Texas A&M-Kingsville	27:08
8. Mike Korczynski, Texas A&M-Commerce	28:03
9. Benny Rodriguez, Texas A&M-Kingsville	28:05
10. Shawn Suitemeier, Tarleton	28:38